

# A Step-in-Time ....



**Thank you for reading 'AStep-in-Time', the newsletter created by us, the service users at Step-a-Side Care in the Forest of Dean. We hope you enjoy it!!**

## Hellos and Goodbyes!

We would like to welcome Jess Thorne, Janet MacDonald, Catherine Gabaldoni, Sue Belcher, Christine Hind, Luke Jobson, Sean Tadhunter and Nicky Austin to Step-a-Side. We hope you enjoy your stay!

# Volunteer Work at Taurus Crafts

I started at **Taurus Crafts** on 13<sup>th</sup> of July 2015 I had to meet the manger and she showed me what job that I would be doing, for example, cleaning tables and working on the till and customer care.

I like Taurus Crafts, it is hard work the first time you do it, but when you get going it is easy! I love working with people and it's right up my street. It is hard when customers don't co-operate with the restaurant staff, and it is really hard when you're trying to do one order and you are asked to do a new job. You come back to the last job and someone comes over again and asks me to do something that need doing so this is quite hard!

I hope that this has given you some information about Taurus Crafts.

## Step-a-Side Fun Day

On the 12<sup>th</sup> of July Step-a-Side held a fun day at Viney Hill; there were lots of fun things to do like:

- Football match
- Pig roast
- Coconut shy
- Tombola
- Penalty shoot out
- Bouncy castle
- Cake stall
- Bric-a-brac
- Live music

We had a fantastic time and there were lots of people from the adults and children's services. We raised £450 for Great Oaks Hospice.

Everyone enjoyed the day but it seemed that the best bit of the day was throwing wet sponges at the directors!!!



# Step-a-Side Allotment at Staunton

I was excited when Step-a-Side sent me a letter asking me if I wanted to work on the allotment.

I went to Pengethely Garden Centre and Coleford Garden Centre and Ross-on-Wye Garden Centre to get some things to grow with Julia from the office.

At the moment we are growing rhubarb and blackcurrants, rosemary, tayberry, tarragon and thyme, peas, carrots, turnips and welsh onions.

The work at the allotment was great and enjoyed learning, and digging holes for the veg. Basically we will share all the fruit and veg between the houses or sell some of them too. Step-a-Side have invested £100 in the project, and we are going to put all the money back in to the allotment.

We will keep you posted with regular updates and pictures of what we grow!



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## Step-a-Side Baby Boom!

We would like to say **BIG CONGRATULATIONS** to Mark, Vicky and baby Maisie Rose, Beth, David and baby Maxwell, Beth, Mark and baby Jake, and Stuart, Carly and baby Cameron.



## Interview with Joy Evans – Manager of Chapel View



### 1. What made you come into care work?

I went to college to further my education as I wanted to be a social worker or a teacher. Whilst I was in college I did some volunteer work in Lydney; I enjoyed it so much I stayed there and continued working.

### 2. What do you like about your role as a manager?

I like the individuals I work with and the staff; I don't like the paperwork!

### 3. What do you like best about your job?

Working with the individuals; solving problems and helping them to get on with their lives as well as keeping them safe.

### 4. What is your best memory of working at Step-a-Side?

All the outings and holidays, we've had some lovely times and it's be fantastic to be part of a group.

### 5. If you were a cartoon character, who would you be and why?

I'd be the growling dog from Top Cat trying to keep people away!

### 6. What was the best holiday you have been on whilst working at Step-a-Side?

I've had loads – Portugal with S, Salou with C and Weymouth with A.

### 7. What is your favourite hobby?

I've never really had one hobby – my whole life has been a hobby!

### 8. Where will you be in 5 years' time?

On a beach in Barbados!!

### 9. How do you like to relax?

A nice book, the TV, some music and doing the ironing, and seeing my friends!

### 10. What is your favourite cheese?

Cathedral City!

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Thank you very much for taking the time to read our newsletter. Keep your eyes out for the next edition. In the meantime, feel free to contact us via the details below.